



STORYTELLING WITH PURPOSE

1800 West 5th Ave. Columbus, OH 43212

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Survey Results:

To what degree do you agree or disagree with the following statements?

- I wish I was able to get more alone time for myself.
 - Agree: 43%
 - 67% of respondents 18-29
 - Disagree: 31%
 - 6% of respondents 18-29
 - Neither agree nor disagree: 26%
 - 27% of respondents 18-29
- It is very important to my mental health to have adequate alone time.
 - Agree: 56%
 - Disagree: 7%
 - Neither agree nor disagree: 37%
- I get less alone time around the holidays.
 - Agree: 46%
 - Disagree: 23%
 - Neither agree nor disagree: 31%
- I'm more irritable because I don't get enough alone time.
 - Agree: 36%
 - Disagree: 37%
 - Neither agree nor disagree: 27%